



Mercy Prayer Center

Summer Retreats

Guided Retreat

Living a Merciful Life—A Spirituality of Christian Adulthood”

This retreat will focus on the virtue of mercy and the importance of incorporating it into all facets of our lives. Using the life of Catherine McAuley as an example, the retreat will feature daily conference, reflection times and reflective sharing.

Sunday, June 13, 7:00 pm - Saturday, June 19 after brunch

Fee: \$395 Resident/
\$300 Commuter

Presenter: Sheila Carney, RSM

Private/Directed Retreat

In an atmosphere of quiet, discover and celebrate the action of God in your life.

- Liturgy offered daily
- Spiritual direction upon request
- Private rooms and meals provided
- Swimming (weather permitting) at Sisters of Mercy Center

Friday, June 25, 7:00 pm - Thursday, July 1 after brunch

Fee: \$395 Directed/
\$350 Private

Directors: Mercy Prayer Center Staff

Advanced Centering Prayer Retreat

This retreat will include extended periods of

- Centering Prayer
- Group Lectio Divina
- Daily Conferences
- Input from Fr. Thomas Keating via videos/DVDs

This retreat is designed for those with established daily practice of Centering Prayer who wish to deepen the transforming love of God in the midst of silence and solitude.

Friday, July 30, 7:00 pm - Thursday, August 5 after brunch

Fee: \$395 Resident/
\$300 Commuter

Presenter: Mary Dwyer, MSW

Guided Retreat for Mercy Associates

Frances Warde, A Women of Deep Trust..., American Foundress of the Sisters of Mercy

This weekend will include insights on the life and personality of Frances as witnessed by her sisters and friends. We will see how the spiritual gifts and friendship of Catherine McAuley influenced the life of Frances and her zeal and passion for the charisms of Mercy.

- Time for quiet reflection and discussion
- Pool available for swimming
- **Not** handicapped-accessible

Site: Notre Dame Convent, Elmira, NY

Thursday, August 12, 7:00 pm - Sunday, August 15 after brunch

Fee: \$235 Resident/
\$145 Commuter

Presenters: Nancy Whitley, RSM; Mary Austin, Associate

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Private Retreat

Accept God's invitation to see beyond your busy-ness—a haven from the whirling world—your week to connect with God at your own pace.

- Private room and meals provided
- Spiritual direction* upon request

Sunday, August 22, 7:00 pm - Friday, August 27 after brunch

Fee: \$350

Directors: Mercy Prayer Center Staff

(*additional \$20 per session for Spiritual Direction)

Guided Retreat

“What is the Fine Art of Living?”

Is it found in money, possessions, prestige? Or is it found in forming a heart that brings wholeness, humanity and healing to the person and to our planet. Joan Chittister's book reflects on the 12 recesses of the human heart using inspirations from the scriptures of major religions, as well as insights from great spiritual figures, thinkers and artists. This book offers hope: Day by Day, lectio by lectio we can become the Scripture we pray. We can become a person who sees the world with the heart of God. Now that is the *fine art of living*.

Sunday, August 8, 7:00 pm - Friday, August 13 after brunch

Fee: \$375 Resident/

Presenter: Carolyn Gorny-Kopkowski, OSB

\$300 Commuter

Second Annual Summer Institute

Living True: The Choices We Make

An Opportunity for Learning, Sharing & Reflecting

Summer is often a time when we look for space in our lives for personal renewal and reflection on our life, work and ministry. Our first Summer Institute, “Living True in Troubled Times”, was met with great enthusiasm. This program includes group prayer, presentation and questions, small group sharing and large group wrap-up.

July 20, 2010 - “Embracing the True Self”

Presenter: A.J. (Han) van den Blink

July 21, 2010 - “Understanding Our Life Circumstance”

Presenter: Roslyn A. Karaban

July 22, 2010 - “Making Life-Giving Choices”

Presenter: Mary Lou Mitchell SSJ

Site: St. Bernard's Institute

Time: 9:00 - 11:30 am

Fee: \$30.00 per session/\$75 for all three sessions

Roslyn A. Karaban PhD is presently Professor of Pastoral Care and Counseling at St. Bernard's School of Theology. She holds degrees from Stonehill College, Harvard Divinity School and Theological Union in Berkeley CA. She is a licensed Marriage and Family Therapist and often gives talks, workshops and retreats in the area of grief and crisis.

Mary Louise Mitchell SSJ PhD RN is a Sister of St. Joseph of Rochester. Life in this community has been one of her greatest blessings. She has been gifted with many educational opportunities. One of these opportunities has been to study and reflect deeply on our sense of wholeness as human beings and the impact that this wholeness can have on our daily lives, our health and our well being. She has also been deeply enriched as a student of mindfulness and contemplative living. Her teachers have been her many beloved sisters, friends and family members who have lived fully in the midst of cancer or Alzheimer's disease.

Han van den Blink PhD is a priest in the Episcopal diocese of Central New York. He and his wife have a son and two daughters, and three granddaughters. He holds degrees from Trinity College, Connecticut, Yale University and Princeton Theological Seminary. He brings to his interest in Anglican spiritual formation many years of experience as a psychologist and pastoral counselor. His main hobby has been aviation, especially flying gliders or sailplanes.